



Trauma Informed Care: Gaining Knowledge and Developing Action Skills

May 16 – 17, 2024

Leonard and Madlyn Abramson
Pediatric Research Center

Presented by:
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COURSE OVERVIEW

Prior to the pandemic, more than half of the population in the U.S. experienced at least one adverse childhood experience (ACEs or trauma) by adulthood. The collective trauma of a global pandemic shifts those numbers toward a public health crisis. Trauma limits development in areas including (but not limited to!) cognition, attachment, emotion regulation, physiological regulation, sensory processing, and motor abilities. Unfortunately, the impact of childhood trauma ripples across the lifespan, contributing to physical and mental health dilemmas in adulthood. Trauma can influence child engagement and success in daily occupations at home, school, and community and derail the effectiveness of educational, therapeutic, and medical intervention if services are not provided with a “trauma lens.” Are you ready to take a significant leap in your knowledge, beliefs, and actions with regard to trauma-informed care?? Please join us! This conference will give providers foundational knowledge in trauma, neurobiology of trauma, and implications for behavior and participation in daily activities where children go to school, live, and play. Additionally, the speaker will empower participants with clear, evidence-based action steps for responding and intervening with clients and co-workers impacted by trauma. The conference will include speaker presentation, small group discussions, videos, case studies and hands-on practice in activities that providers can use when they return to work.

COURSE OBJECTIVES

At the conclusion of this session, participants will be able to:

1. Distinguish the aspects and considerations of trauma as defined in terms of ACE: Who is at risk, what are the lifespan impacts upon physical, mental health, and occupational outcomes upon those who have experienced trauma.
2. Apply knowledge about the impact of trauma on neurobiology, regulation, cognitive, developmental skill (motor, language, social) emergence, sensory, and relational skills.
3. Analyze trauma-related behaviors and performance skills as they impact children and adults in daily activity participation in hospital, clinic, and community settings.
4. Implement trauma-informed care (TIC) principles and intervention strategies which support better outcomes for people who have experienced trauma (SAMHSA & evidence-based models).
5. Demonstrate competence in thought and action-oriented skills which will change provider practice strategies, empowering utilization of techniques that align with TIC principles.
6. Examine the impact of contexts in which intervention must occur and pathways for supporting policy and program development.

GENERAL INFORMATION

The conference will be held at Children’s Hospital of Philadelphia in the Leonard and Madlyn Abramson Pediatric Research Center, Thursday–Friday, May 16–17, 2024.

COURSE FEE

The registration fee includes registration materials, continental breakfasts, lunches, and breaks.

Registration Fee.....\$350

REGISTER ONLINE AT: CHOP.CLOUD-CME.COM

OCCUPATIONAL THERAPY



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Approved Provider

Children’s Hospital of Philadelphia is an AOTA Approved Provider (#4878) of professional development course approval ID #8348. This live event is approved for 1.1 CEUs, after completion of the program and post-test for Intermediate-level Occupational Therapy learners, under the categories of OT Service Delivery and Foundational Knowledge.

AOTA does not endorse specific course content, products, or clinical procedures.

PHYSICAL THERAPY ACCREDITATION

The content of this course has been submitted for 10.75 hours of Physical Therapy CEUs in the States of Pennsylvania and New Jersey. If you require PT CEUs in a different state, please contact course coordinator to obtain materials for submission.

HOTEL INFORMATION

A block of rooms has been reserved at reduced rates at The Study located just a few blocks from Children's Hospital. The group overnight rate is \$269 single and double occupancy plus a 16.25% room tax. Participants are required to make their own hotel reservations by calling The Study directly at 215-387-1400. Please mention the name of the conference when making your reservation. The special room rate will be available until Monday, April 15, 2024. After that date, reservations will be accepted on a space and rate availability basis.



REFUND AND CANCELLATION POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$40 service charge, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by airlines or travel agencies. In order to process refunds for course withdrawals, cancellation must be received in writing by Thursday, May 2, 2024. No refunds will be issued thereafter.

SERVICES FOR PEOPLE WITH DISABILITIES

Participation by all individuals is encouraged. If arrangements are required for an individual with special needs to attend this meeting, please call the CME Department at 215-590-5263 two weeks in advance so that we may provide better service to you during the conference.

Program – Thursday, May 16, 2024

8 a.m.	Welcome & Introduction
8:15 a.m.	Understanding Trauma as Defined in Terms of Adverse Childhood Experiences
9:45 a.m.	Break
10a.m.	Impact of Trauma on Neurobiology, Regulation, Cognitive, Developmental Skills (motor, language, social) Emergence, Sensory and Relational Skills.
11:30 a.m.	Early Implications: Provider Considerations
12 p.m.	Lunch
1 p.m.	Trauma-related Behaviors and Performance Skills
2:30 p.m.	Break
2:45 p.m.	Introduction to Trauma-informed Care Guiding Principles
3:45 p.m.	Trauma Models: Evidence & Intervention Building Blocks
4:30 p.m.	Questions and Closing Remarks
4:45 p.m.	Head out for self-care

Program — Friday, May 17, 2024

8 a.m.	Welcome
8:05 a.m.	Empowering Regulation, Promoting Connected Relationships, and Facilitating Learning & Teaching
9 a.m.	Problem-based Learning #1
9:30 a.m.	Break
9:45 a.m.	Problem-based Learning #2
11:15 a.m.	Problem-based Learning #3
12:15 p.m.	Questions and Closing Remarks
12:30 p.m.	Head out for self-care



About Amy

Dr. Amy Lynch is an associate professor in the College of Public Health in the Occupational Therapy Department at Temple University. She completed her MS in Occupational Therapy at Tufts University and her PhD at University of Delaware. Dr. Lynch has clinical expertise in children who have experienced neglect, abuse, and institutionalization; children with autism, as well as

children with sensory integration problems, feeding/oral motor dysphagia, brain injury, and cerebral palsy. She is certified in the Sensory Integration and Praxis Tests (SIPT) and Infant Massage. She has completed the eight-week training in Neurodevelopmental Treatment. Postdoctoral training has included intensive training and an approved Educator status of Trust-Based Relational Intervention (TBRI® – Dr. Karyn Purvis, Texas Christian University).

Dr. Lynch has received Phase 1 certification in the NMT measure (Bruce Perry, Child Trauma Academy). Dr. Lynch was co-founder and Clinic Coordinator of an International Adoption Health Program for over 15 years and Manager of the OT Department at the Children's Hospital of Philadelphia for five years. She has presented regionally, nationally, and internationally in topics including but not limited to trauma, early adversity, attachment, interoception, feeding, sensory integration, NDT, family occupations, international/domestic adoption and foster care, international adoption medicine, and developmental care. Lynch was the lead editor of the AOTA Book: "Trauma, Occupation, and Participation: Foundations and Population Considerations in Occupational Therapy." Since 2019, her community-facing, trauma-focused implementation science work has received over \$1 million in funding. She founded Futures Rise (a 501c3, nonprofit) due to her passion to provide training and action-oriented collaborations with individuals, families, professionals, and organizations who want to learn more about how they can effectively live their personal and professional lives with a "trauma lens on."